

Wettkampf-Nr. 5

400m Lagen Frauen Vorlauf

Weltrekord	4:23.65	Summer McIntosh	CAN	11.06.2025	Victoria
Europarekord	4:26.36	Katinka Hosszu	HUN	06.08.2016	Rio
Deutscher Rekord	4:36.10	Petra Schneider	SC Karl-Marx-Stadt	01.08.1982	Guayaquil

Offene Wertung

Platz	Name	JG	Verein	R.Z.	Zeit			
1	Linda Roth	2008	SC Magdeburg	+ 0.79	4:50.50	A		
	50m: 29.45	100m: 1:03.86	150m: 1:42.50	200m: 2:20.67	250m: 3:00.81	300m: 3:42.15	350m: 4:16.86	400m: 4:50.50
		34.41	38.64	38.17	40.14	41.34	34.71	33.64
2	Noelle Benkler	2007	SV Nikar Heidelberg	+ 0.74	4:53.75	A		
	50m: 30.36	100m: 1:05.45	150m: 1:43.19	200m: 2:20.69	250m: 3:01.95	300m: 3:44.18	350m: 4:19.70	400m: 4:53.75
		35.09	37.74	37.50	41.26	42.23	35.52	34.05
3	Laura Sophie Kohlmann	2009	SG Essen	+0.71	4:53.79	A		
	50m: 30.80	100m: 1:05.59	150m: 1:44.60	200m: 2:22.70	250m: 3:03.69	300m: 3:46.05	350m: 4:20.71	400m: 4:53.79
		34.79	39.01	38.10	40.99	42.36	34.66	33.08
4	Mira Helget	2009	AMTV-WTB Hamburg	+ 0.64	4:54.06	A		
	50m: 31.16	100m: 1:06.52	150m: 1:42.44	200m: 2:18.16	250m: 3:01.05	300m: 3:44.56	350m: 4:19.74	400m: 4:54.06
		35.36	35.92	35.72	42.89	43.51	35.18	34.32
5	Leni von Bonin	2007	Dresdner SC 1898	+0.79	4:54.11	A		
	50m: 31.01	100m: 1:05.65	150m: 1:44.22	200m: 2:21.53	250m: 3:03.17	300m: 3:44.96	350m: 4:20.43	400m: 4:54.11
		34.64	38.57	37.31	41.64	41.79	35.47	33.68
6	Kellie Messel	2004	SSG 81 Erlangen	+ 0.66	4:58.72	A		
	50m: 31.01	100m: 1:07.87	150m: 1:47.76	200m: 2:26.90	250m: 3:08.36	300m: 3:50.43	350m: 4:25.57	400m: 4:58.72
		36.86	39.89	39.14	41.46	42.07	35.14	33.15
7	Evelyn Wegrotzki	2010	SG HT16	+0.71	5:01.65	A		
	50m: 31.34	100m: 1:06.99	150m: 1:46.49	200m: 2:25.42	250m: 3:09.42	300m: 3:53.66	350m: 4:28.28	400m: 5:01.65
		35.65	39.50	38.93	44.00	44.24	34.62	33.37
8	Catalina Hasenclever	2008	TSV Eintracht Karlsfeld	+0.71	5:02.32	A		
	50m: 31.85	100m: 1:08.55	150m: 1:47.51	200m: 2:25.27	250m: 3:08.81	300m: 3:52.74	350m: 4:28.63	400m: 5:02.32
		36.70	38.96	37.76	43.54	43.93	35.89	33.69
9	Sophie Luschnitz	2008	SSG Leipzig	+ 0.74	5:02.49	B		
	50m: 30.94	100m: 1:06.73	150m: 1:45.51	200m: 2:23.99	250m: 3:07.04	300m: 3:50.71	350m: 4:27.36	400m: 5:02.49
		35.79	38.78	38.48	43.05	43.67	36.65	35.13
10	Carlotta Ingenerf	2006	W98 Hannover	+0.63	5:02.51	B		
	50m: 31.50	100m: 1:07.78	150m: 1:46.94	200m: 2:24.88	250m: 3:08.63	300m: 3:52.97	350m: 4:28.63	400m: 5:02.51
		36.28	39.16	37.94	43.75	44.34	35.66	33.88
11	Aaliyah Schiffel	2006	SSG Leipzig	+ 0.67	5:04.15	B		
	50m: 31.02	100m: 1:07.89	150m: 1:47.18	200m: 2:25.92	250m: 3:08.06	300m: 3:51.74	350m: 4:28.58	400m: 5:04.15
		36.87	39.29	38.74	42.14	43.68	36.84	35.57
12	Valerie Höfl	2008	SG Stadtwerke München	+ 0.72	5:04.60	B		
	50m: 32.17	100m: 1:09.00	150m: 1:49.39	200m: 2:28.90	250m: 3:11.97	300m: 3:56.63	350m: 4:31.18	400m: 5:04.60
		36.83	40.39	39.51	43.07	44.66	34.55	33.42
13	Mira Kolbmann	2009	1.FCN Schwimmen	+0.68	5:04.98	B		
	50m: 30.84	100m: 1:07.01	150m: 1:48.05	200m: 2:27.61	250m: 3:08.49	300m: 3:51.58	350m: 4:28.86	400m: 5:04.98
		36.17	41.04	39.56	40.88	43.09	37.28	36.12
14	Meggy Messel	2011	SV Nikar Heidelberg	+ 0.75	5:06.22	B		
	50m: 31.34	100m: 1:07.99	150m: 1:48.52	200m: 2:28.81	250m: 3:12.31	300m: 3:56.30	350m: 4:32.29	400m: 5:06.22
		36.65	40.53	40.29	43.50	43.99	35.99	33.93
15	Sophia Braun	2011	SSG 81 Erlangen	+0.76	5:06.92	B		
	50m: 31.36	100m: 1:07.89	150m: 1:48.60	200m: 2:27.22	250m: 3:12.73	300m: 3:57.90	350m: 4:33.08	400m: 5:06.92
		36.53	40.71	38.62	45.51	45.17	35.18	33.84
16	Fiona Anabel Kuphal	2008	SG EWR Rheinhessen-Mainz	+0.78	5:07.08	B		
	50m: 31.62	100m: 1:09.83	150m: 1:51.32	200m: 2:31.96	250m: 3:13.62	300m: 3:57.22	350m: 4:33.07	400m: 5:07.08
		38.21	41.49	40.64	41.66	43.60	35.85	34.01
17	Leni Tesche	2011	SSG Saar Max Ritter	+ 0.80	5:07.88	RB		
	50m: 31.18	100m: 1:08.00	150m: 1:48.31	200m: 2:28.49	250m: 3:11.64	300m: 3:56.56	350m: 4:32.30	400m: 5:07.88
		36.82	40.31	40.18	43.15	44.92	35.74	35.58
18	Anna Franziska Hunger	2011	SSG Leipzig	+0.59	5:08.94	RB		
	50m: 31.30	100m: 1:08.10	150m: 1:48.86	200m: 2:28.51	250m: 3:12.28	300m: 3:57.30	350m: 4:34.02	400m: 5:08.94
		36.80	40.76	39.65	43.77	45.02	36.72	34.92
19	Paula Buß	2009	Team Bochum	+0.69	5:10.52	RB		
	50m: 30.73	100m: 1:07.04	150m: 1:47.10	200m: 2:26.81	250m: 3:12.98	300m: 3:59.77	350m: 4:36.10	400m: 5:10.52
		36.31	40.06	39.71	46.17	46.79	36.33	34.42
20	Liska Sophie Richter	2009	SV Halle / Saale	+0.75	5:11.36	RB		
	50m: 32.45	100m: 1:10.22	150m: 1:50.87	200m: 2:30.68	250m: 3:15.63	300m: 4:01.39	350m: 4:36.92	400m: 5:11.36
		37.77	40.65	39.81	44.95	45.76	35.53	34.44
21	Julia Schmitt	2010	SG Stadtwerke München	+ 0.68	5:11.67	RB		
	50m: 31.99	100m: 1:09.37	150m: 1:50.88	200m: 2:31.36	250m: 3:15.30	300m: 4:00.80	350m: 4:36.74	400m: 5:11.67
		37.38	41.51	40.48	43.94	45.50	35.94	34.93
22	Lina Winkler	2010	SGR Karlsruhe	+0.75	5:14.20			
	50m: 31.84	100m: 1:09.27	150m: 1:51.03	200m: 2:32.33	250m: 3:16.71	300m: 4:02.20	350m: 4:38.79	400m: 5:14.20
		37.43	41.76	41.30	44.38	45.49	36.59	35.41
23	Emilia Sophia Zeh	2007	SV Cannstatt	+0.72	5:14.58			
	50m: 32.00	100m: 1:10.49	150m: 1:51.59	200m: 2:32.23	250m: 3:17.27	300m: 4:03.02	350m: 4:39.36	400m: 5:14.58
		38.49	41.10	40.64	45.04	45.75	36.34	35.22
24	Maeva Schneider	2011	TV Wetzlar 1847	+0.72	5:17.56			
	50m: 33.10	100m: 1:12.62	150m: 1:57.16	200m: 2:40.32	250m: 3:23.31	300m: 4:07.10	350m: 4:44.26	400m: 5:17.56
		39.52	44.54	43.16	42.99	43.79	37.16	33.30

Fortsetzung Wettkampf-Nr. 5 (400m Lagen Frauen Vorlauf - Offene Wertung)

25	Hannah Schmidt			2013	TSV Katzwang				+0.56	5:20.81
	50m: 33.27	100m: 1:11.88	150m: 1:53.76	200m: 2:33.69	250m: 3:21.12	300m: 4:09.87	350m: 4:46.39	400m: 5:20.81		
		38.61	41.88	39.93	47.43	48.75	36.52	34.42		
26	Chiara Ferrari			2006	TG Biberach				+0.68	5:25.49
	50m: 34.05	100m: 1:14.75	150m: 1:57.02	200m: 2:39.52	250m: 3:23.68	300m: 4:08.97	350m: 4:47.57	400m: 5:25.49		
		40.70	42.27	42.50	44.16	45.29	38.60	37.92		
27	Laura Gheonea			2011	TV Wetzlar 1847				+0.66	5:36.19
	50m: 34.26	100m: 1:14.64	150m: 1:58.86	200m: 2:41.96	250m: 3:30.93	300m: 4:21.53	350m: 4:59.30	400m: 5:36.19		
		40.38	44.22	43.10	48.97	50.60	37.77	36.89		
28	Laura Krinke			2008	VFL Gladbeck 1921				+0.72	5:39.03
	50m: 33.55	100m: 1:13.85	150m: 1:59.14	200m: 2:43.19	250m: 3:32.03	300m: 4:22.47	350m: 5:01.86	400m: 5:39.03		
		40.30	45.29	44.05	48.84	50.44	39.39	37.17		
	Natalie Wöltinger			2000	SSG 81 Erlangen					WDR

Legende:

A Qualifiziert für A-Finale
R.Z. Reaktionszeit

B Qualifiziert für B-Finale
RB Ersatzschwimmer für B-Finale

JG Geburtsjahr
WDR Abgemeldet