

## Entry List

### Árman

1.	Póra Kristín Armstrong	W	2009	3	200m Freestyle Women	3:04.73
				11	25m Freestyle Women	20.75
				17	50m Butterfly Women	47.65
				25	200m Individual Medley Wome	3:38.60
				31	100m Freestyle Women	1:22.91
				35	100m Breaststroke Women	1:56.51
2.	Gabriela Róza Bondarow	W	2010	1	50m Breaststroke Women	51.02
				5	100m Individual Medley Wome	1:46.17
				17	50m Butterfly Women	50.44
				23	50m Freestyle Women	42.59
				29	25m Butterfly Women	21.22
				35	100m Breaststroke Women	1:52.54
3.	Katla Mist Bragadóttir	W	2007	1	50m Breaststroke Women	35.09
				5	100m Individual Medley Wome	1:10.98
				13	25m Breaststroke Women	16.00
				21	200m Breaststroke Women	2:41.11
				25	200m Individual Medley Wome	2:32.73
				35	100m Breaststroke Women	1:15.82
				39	400m Individual Medley Wome	5:18.57
				4.	Natalía Eir Curtis	W
7	50m Backstroke Women	40.03				
19	100m Backstroke Women	1:25.08				
27	25m Backstroke Women	19.57				
29	25m Butterfly Women	25.26				
37	200m Backstroke Women	2:56.63				
5.	Iðunn Ásbjörg Georgsdóttir	W	2009	3	200m Freestyle Women	3:19.91
				7	50m Backstroke Women	48.45
				13	25m Breaststroke Women	26.35
				25	200m Individual Medley Wome	3:45.73
				27	25m Backstroke Women	25.02
				35	100m Breaststroke Women	1:52.83
6.	Bryndís Rún Guðnadóttir	W	2013	1	50m Breaststroke Women	1:02.93
				7	50m Backstroke Women	1:08.57
				11	25m Freestyle Women	24.05
				23	50m Freestyle Women	52.74
				27	25m Backstroke Women	35.14
				35	100m Breaststroke Women	2:16.04
7.	Elfa Ragnheiður Guðnadóttir	W	2010	3	200m Freestyle Women	3:17.58
				7	50m Backstroke Women	47.07
				11	25m Freestyle Women	31.64
				19	100m Backstroke Women	1:40.94
				27	25m Backstroke Women	21.65
				31	100m Freestyle Women	1:33.74
8.	Nótt Helgadóttir	W	2008	3	200m Freestyle Women	2:42.14
				7	50m Backstroke Women	40.88
				17	50m Butterfly Women	40.66
				23	50m Freestyle Women	34.20
				31	100m Freestyle Women	1:14.76

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8.	Nótt Helgadóttir	W	2008	37	200m Backstroke Women	3:04.27
9.	Thea Sif Hjaltadóttir	W	2011	1	50m Breaststroke Women	48.96
				5	100m Individual Medley Wome	1:44.06
				13	25m Breaststroke Women	26.45
				23	50m Freestyle Women	42.32
				27	25m Backstroke Women	29.47
				35	100m Breaststroke Women	1:46.68
10.	Dóróthea Margrét Jakobsdóttir	W	2008	1	50m Breaststroke Women	44.15
				3	200m Freestyle Women	2:45.12
				15	400m Freestyle Women	5:35.07
				21	200m Breaststroke Women	3:24.87
				31	100m Freestyle Women	1:16.90
				35	100m Breaststroke Women	1:35.47
11.	Ágústa Elly Kristinsdóttir	W	2011	1	50m Breaststroke Women	45.73
				5	100m Individual Medley Wome	1:34.09
				13	25m Breaststroke Women	23.58
				25	200m Individual Medley Wome	3:25.20
				31	100m Freestyle Women	1:22.18
				35	100m Breaststroke Women	1:40.80
12.	Karitas Kristjánsdóttir	W	2010	3	200m Freestyle Women	3:01.34
				9	100m Butterfly Women	1:43.44
				17	50m Butterfly Women	45.52
				23	50m Freestyle Women	37.88
				29	25m Butterfly Women	21.15
				37	200m Backstroke Women	3:42.43
13.	Ylfa Lind Kristmannsdóttir	W	2008	3	200m Freestyle Women	2:10.44
				9	100m Butterfly Women	1:08.73
				11	25m Freestyle Women	12.60
				17	50m Butterfly Women	29.40
				19	100m Backstroke Women	1:12.46
				23	50m Freestyle Women	27.13
				27	25m Backstroke Women	14.60
				29	25m Butterfly Women	12.90
				31	100m Freestyle Women	59.74
14.	Hrafnhildur Lóa Kvaran	W	2007	1	50m Breaststroke Women	43.96
				5	100m Individual Medley Wome	1:20.21
				11	25m Freestyle Women	14.50
				13	25m Breaststroke Women	19.00
				23	50m Freestyle Women	31.15
				35	100m Breaststroke Women	1:34.55
15.	Rannveig Perla Pétursdóttir	W	2010	1	50m Breaststroke Women	1:05.10
				5	100m Individual Medley Wome	2:01.16
				13	25m Breaststroke Women	40.41
				23	50m Freestyle Women	51.61
				27	25m Backstroke Women	30.35
				35	100m Breaststroke Women	2:07.24
16.	Katla Þórey Sigurðardóttir	W	2010	1	50m Breaststroke Women	1:31.86
				7	50m Backstroke Women	1:12.32
				11	25m Freestyle Women	33.98
				23	50m Freestyle Women	1:00.25
				27	25m Backstroke Women	37.96
				31	100m Freestyle Women	2:07.41

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17.	Freydís Katla Sveinsdóttir	W	2008	1	50m Breaststroke Women	47.26
				7	50m Backstroke Women	39.52
				19	100m Backstroke Women	1:24.34
				23	50m Freestyle Women	33.11
				31	100m Freestyle Women	1:13.65
18.	Sara Katrín F. Vignisdóttir	W	2010	35	100m Breaststroke Women	1:41.58
				1	50m Breaststroke Women	58.97
				5	100m Individual Medley Wome	1:55.61
				11	25m Freestyle Women	28.37
				23	50m Freestyle Women	49.88
19.	Örn Ægisson	M	2006	29	25m Butterfly Women	24.02
				35	100m Breaststroke Women	2:02.35
				6	100m Individual Medley Men	1:10.76
				12	25m Freestyle Men	12.60
				18	50m Butterfly Men	32.60
20.	Stefán Hagalín Árnason	M	2010	20	100m Backstroke Men	1:08.42
				24	50m Freestyle Men	28.50
				32	100m Freestyle Men	1:00.36
				38	200m Backstroke Men	2:24.10
				4	200m Freestyle Men	2:48.77
21.	Sigurður Haukur Birgisson	M	2006	8	50m Backstroke Men	48.08
				12	25m Freestyle Men	24.84
				20	100m Backstroke Men	1:42.33
				32	100m Freestyle Men	1:15.43
				36	100m Breaststroke Men	1:52.87
22.	Valentin Genov	M	2010	12	25m Freestyle Men	11.70
				16	400m Freestyle Men	4:21.02
				26	200m Individual Medley Men	2:20.02
				32	100m Freestyle Men	56.66
				36	100m Breaststroke Men	1:13.97
23.	Ísak Árni Guðmundsson	M	2005	40	400m Individual Medley Men	4:57.37
				2	50m Breaststroke Men	47.93
				6	100m Individual Medley Men	1:39.47
				14	25m Breaststroke Men	24.20
				20	100m Backstroke Men	1:40.16
24.	Rökkvi Helgason	M	2004	28	25m Backstroke Men	23.41
				36	100m Breaststroke Men	1:42.20
				4	200m Freestyle Men	2:22.05
				6	100m Individual Medley Men	1:17.32
				10	100m Butterfly Men	1:23.99
25.	Alexander Nól Hjaltason	M	2012	18	50m Butterfly Men	35.68
				24	50m Freestyle Men	31.17
				32	100m Freestyle Men	1:05.32
				24	50m Freestyle Men	32.34
				32	100m Freestyle Men	1:06.18
				2	50m Breaststroke Men	1:04.02
				8	50m Backstroke Men	1:06.71
				14	25m Breaststroke Men	28.31
				24	50m Freestyle Men	59.71
				28	25m Backstroke Men	36.14

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25.	Alexander Nól Hjaltason	M	2012	36	100m Breaststroke Men	2:23.16
26.	Jón Ingi Laufeyjarson	M	2010	4	200m Freestyle Men	3:00.69
				8	50m Backstroke Men	47.37
				18	50m Butterfly Men	35.88
				26	200m Individual Medley Men	3:37.73
				30	25m Butterfly Men	25.99
				38	200m Backstroke Men	3:44.78
27.	Hrafn Sverrisson	M	2005	10	100m Butterfly Men	1:06.58
				12	25m Freestyle Men	12.50
				18	50m Butterfly Men	28.58
				24	50m Freestyle Men	27.94
				30	25m Butterfly Men	12.90
				34	200m Butterfly Men	2:22.74
28.	RELAYS			101	4 x 50m Freestyle Women	
				103	4 x 50m Freestyle Women	
				102	4 x 50m Freestyle Men	
				104	4 x 50m Freestyle Men	
				100	8 x 25m Butterfly Mixed	

**Entries Women:** 112  
**Women:** 18

**Entries Men:** 52  
**Mens:** 9

**Entries Relays:** 5