

## Entry List

### Vallensbæk IF Af 1939

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1.	Anna Andersen	W	2007	7	50m Backstroke Women	32.58
				11	25m Freestyle Women	12.05
				23	50m Freestyle Women	26.52
				31	100m Freestyle Women	57.18
2.	Mille Bækmark	W	2008	5	100m Individual Medley Wome	1:23.98
				7	50m Backstroke Women	38.32
				11	25m Freestyle Women	15.34
				17	50m Butterfly Women	38.14
				27	25m Backstroke Women	18.50
				37	200m Backstroke Women	3:06.05
3.	Caroline Birkedal Pedersen	W	2007	13	25m Breaststroke Women	
				17	50m Butterfly Women	48.78
				23	50m Freestyle Women	40.19
				27	25m Backstroke Women	
				31	100m Freestyle Women	1:27.32
4.	Victoria Dolling	W	2010	1	50m Breaststroke Women	41.49
				5	100m Individual Medley Wome	1:20.10
				17	50m Butterfly Women	38.39
				25	200m Individual Medley Wome	2:52.30
				29	25m Butterfly Women	17.70
				35	100m Breaststroke Women	1:30.18
5.	Mia Erica Armstead Evans	W	2009	3	200m Freestyle Women	2:38.65
				7	50m Backstroke Women	38.12
				11	25m Freestyle Women	17.31
				17	50m Butterfly Women	34.27
				29	25m Butterfly Women	21.01
				31	100m Freestyle Women	1:10.07
6.	Lara Ghizzaui	W	2007	1	50m Breaststroke Women	37.60
				5	100m Individual Medley Wome	1:16.33
				13	25m Breaststroke Women	19.46
				21	200m Breaststroke Women	2:47.22
				23	50m Freestyle Women	30.50
				31	100m Freestyle Women	1:07.55
				35	100m Breaststroke Women	1:18.73
7.	Sarah Gudme	W	2007	1	50m Breaststroke Women	32.19
				5	100m Individual Medley Wome	1:04.39
				13	25m Breaststroke Women	14.05
				21	200m Breaststroke Women	2:34.92
				23	50m Freestyle Women	27.35
				29	25m Butterfly Women	13.05
				31	100m Freestyle Women	57.89
				35	100m Breaststroke Women	1:11.34
8.	Alberte Hansen	W	2009	1	50m Breaststroke Women	40.43
				5	100m Individual Medley Wome	1:20.94
				13	25m Breaststroke Women	19.00
				21	200m Breaststroke Women	3:28.15
				27	25m Backstroke Women	23.33
				35	100m Breaststroke Women	1:29.01

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9.	Sofie Larsen	W	2006	1	50m Breaststroke Women	35.64
				5	100m Individual Medley Wome	1:13.11
				13	25m Breaststroke Women	17.00
				17	50m Butterfly Women	32.40
				21	200m Breaststroke Women	2:46.87
				29	25m Butterfly Women	14.00
10.	Thea Fritz Larsen	W	2009	35	100m Breaststroke Women	1:16.84
				19	100m Backstroke Women	1:15.78
				23	50m Freestyle Women	33.66
				27	25m Backstroke Women	17.00
11.	Helena Fritz Larsen	W	2007	31	100m Freestyle Women	1:13.96
				11	25m Freestyle Women	16.65
				23	50m Freestyle Women	38.91
				29	25m Butterfly Women	17.00
12.	Alma Møller-Ern	W	2006	35	100m Breaststroke Women	1:33.93
				1	50m Breaststroke Women	36.39
				9	100m Butterfly Women	1:07.52
				13	25m Breaststroke Women	36.34
				17	50m Butterfly Women	30.22
				23	50m Freestyle Women	29.85
13.	Emilia Nielsen	W	2007	27	25m Backstroke Women	31.71
				29	25m Butterfly Women	16.65
				31	100m Freestyle Women	1:04.04
				1	50m Breaststroke Women	44.24
				5	100m Individual Medley Wome	1:24.56
				13	25m Breaststroke Women	20.00
14.	Rosalina M. Postgaard	W	2010	21	200m Breaststroke Women	3:56.39
				31	100m Freestyle Women	1:14.07
				35	100m Breaststroke Women	1:31.45
				1	50m Breaststroke Women	44.56
				7	50m Backstroke Women	39.82
				11	25m Freestyle Women	16.63
15.	Jensine Højmark Skaaning	W	2008	19	100m Backstroke Women	1:25.11
				27	25m Backstroke Women	18.47
				31	100m Freestyle Women	1:16.10
				1	50m Breaststroke Women	46.69
				5	100m Individual Medley Wome	1:28.34
				11	25m Freestyle Women	15.95
16.	Annika Skovgren	W	2010	23	50m Freestyle Women	35.45
				27	25m Backstroke Women	19.00
				31	100m Freestyle Women	1:17.45
				1	50m Breaststroke Women	43.85
				7	50m Backstroke Women	37.21
				13	25m Breaststroke Women	20.00
17.	Peter Gude Tang Bregndsholm	M	2010	23	50m Freestyle Women	35.16
				27	25m Backstroke Women	23.22
				29	25m Butterfly Women	23.77
				6	100m Individual Medley Men	1:23.94
				10	100m Butterfly Men	1:27.80
				12	25m Freestyle Men	16.52
				18	50m Butterfly Men	36.01

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17.	Peter Gude Tang Bregnscholm	M	2010	28	25m Backstroke Men	18.00
				32	100m Freestyle Men	1:13.53
18.	Anders Gaard	M	2006			
19.	Kalle Grydgaard	M	2009	2	50m Breaststroke Men	45.39
				8	50m Backstroke Men	38.94
				14	25m Breaststroke Men	20.62
				24	50m Freestyle Men	32.89
				30	25m Butterfly Men	30.70
				36	100m Breaststroke Men	1:40.75
20.	William Hvid	M	2007	8	50m Backstroke Men	31.91
				10	100m Butterfly Men	1:11.50
				12	25m Freestyle Men	14.11
				20	100m Backstroke Men	1:08.00
				26	200m Individual Medley Men	2:33.22
				28	25m Backstroke Men	13.00
				34	200m Butterfly Men	2:35.00
				38	200m Backstroke Men	2:26.25
21.	Valdemar Hvid	M	2010	2	50m Breaststroke Men	49.37
				8	50m Backstroke Men	41.95
				14	25m Breaststroke Men	22.12
				24	50m Freestyle Men	36.97
				28	25m Backstroke Men	19.00
				36	100m Breaststroke Men	1:51.98
22.	August Ibsen	M	2008	2	50m Breaststroke Men	41.25
				10	100m Butterfly Men	1:15.02
				12	25m Freestyle Men	17.86
				18	50m Butterfly Men	34.36
				28	25m Backstroke Men	22.84
				30	25m Butterfly Men	19.69
23.	Mathias Johansen	M	2007	4	200m Freestyle Men	2:05.13
				8	50m Backstroke Men	29.70
				12	25m Freestyle Men	12.33
				20	100m Backstroke Men	1:04.08
				24	50m Freestyle Men	26.92
				28	25m Backstroke Men	17.50
				30	25m Butterfly Men	19.76
				32	100m Freestyle Men	58.63
				38	200m Backstroke Men	2:22.19
24.	Luka Kepser	M	2007	2	50m Breaststroke Men	38.21
				6	100m Individual Medley Men	1:15.80
				14	25m Breaststroke Men	21.16
				20	100m Backstroke Men	1:16.75
				32	100m Freestyle Men	1:05.07
				36	100m Breaststroke Men	1:23.62
25.	Frederik Kindberg	M	2008	2	50m Breaststroke Men	41.32
				6	100m Individual Medley Men	1:19.51
				14	25m Breaststroke Men	24.97
				22	200m Breaststroke Men	3:26.05
				32	100m Freestyle Men	1:11.28
				36	100m Breaststroke Men	1:32.67
26.	Marinus Leisvig	M	2007	6	100m Individual Medley Men	1:07.02

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26.	Marinus Leisvig	M	2007	8	50m Backstroke Men	30.52
				12	25m Freestyle Men	13.86
				14	25m Breaststroke Men	20.26
				20	100m Backstroke Men	1:06.59
				24	50m Freestyle Men	28.02
				28	25m Backstroke Men	19.74
				32	100m Freestyle Men	59.37
				38	200m Backstroke Men	2:26.31
27.	Emil Mandsberg	M	2008	2	50m Breaststroke Men	35.75
				6	100m Individual Medley Men	1:08.12
				14	25m Breaststroke Men	19.43
				20	100m Backstroke Men	1:08.23
				28	25m Backstroke Men	15.00
				36	100m Breaststroke Men	1:16.83
28.	Valdemar Møller-Ern	M	2008	2	50m Breaststroke Men	34.21
				10	100m Butterfly Men	1:02.42
				12	25m Freestyle Men	13.56
				18	50m Butterfly Men	27.98
				30	25m Butterfly Men	15.63
				32	100m Freestyle Men	57.64
29.	Nikolaj Nielsen	M	2007	4	200m Freestyle Men	2:30.55
				8	50m Backstroke Men	37.41
				16	400m Freestyle Men	5:18.24
				24	50m Freestyle Men	31.85
				28	25m Backstroke Men	20.88
				32	100m Freestyle Men	1:09.86
30.	Jonathan Rasmussen	M	2006	4	200m Freestyle Men	2:12.89
				12	25m Freestyle Men	16.04
				16	400m Freestyle Men	4:46.48
				24	50m Freestyle Men	27.87
				30	25m Butterfly Men	18.14
				32	100m Freestyle Men	59.44
31.	Sebastian Rendlev	M	2005	6	100m Individual Medley Men	1:01.21
				10	100m Butterfly Men	1:00.14
				12	25m Freestyle Men	15.44
				18	50m Butterfly Men	26.90
				24	50m Freestyle Men	25.00
				30	25m Butterfly Men	11.50
				32	100m Freestyle Men	55.48
				36	100m Breaststroke Men	1:20.27
32.	Frederik Vestergaard	M	2006	4	200m Freestyle Men	2:09.04
				10	100m Butterfly Men	1:05.68
				12	25m Freestyle Men	14.01
				18	50m Butterfly Men	27.83
				24	50m Freestyle Men	25.23
				30	25m Butterfly Men	15.92
				32	100m Freestyle Men	57.38
				33.	Oscar Vinge-Maigaard	M
10	100m Butterfly Men	1:04.95				
12	25m Freestyle Men	14.38				
14	25m Breaststroke Men	18.55				
18	50m Butterfly Men	29.04				

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33.	Oscar Vinge-Maigaard	M	2007	22	200m Breaststroke Men	2:35.03
				28	25m Backstroke Men	28.64
				30	25m Butterfly Men	17.38
				36	100m Breaststroke Men	1:14.51
34.	RELAYS			101	4 x 50m Freestyle Women	
				102	4 x 50m Freestyle Men	
				102	4 x 50m Freestyle Men	
				102	4 x 50m Freestyle Men	
				100	8 x 25m Butterfly Mixed	

**Entries Women:** 95  
**Women:** 16

**Entries Men:** 110  
**Mens:** 17

**Entries Relays:** 5