

Wettkampf-Nr. 1

400m Lagen Frauen

Weltrekord

04:21,04 Julia Smit

USA

18.12.2009 Manchester

Europarekord

04:24,21 Mireia Belmonte Garcia

ESP

15.12.2010 Dubai

Deutscher Rekord

04:29,46 Nicole Hetzer

SC Magdeburg

16.12.2001 Antwerpen

Offene Wertung

1.	Theresa Michalak	1992	SV Halle (Saale)	04:36,01
	Deutsche Kurzbahnmeisterin 2011			
	00:28,72 01:02,05 01:37,24 02:12,17 02:51,63 03:31,47 04:04,71 04:36,01			
	00:28,72 00:33,33 00:35,19 00:34,93 00:39,46 00:39,84 00:33,24 00:31,30			
2.	Katharina Schiller	1984	VfL Waiblingen	04:37,37
	00:29,53 01:02,35 01:38,72 02:14,64 02:54,03 03:33,14 04:05,11 04:37,37			
	00:29,53 00:32,82 00:36,37 00:35,92 00:39,39 00:39,11 00:31,97 00:32,26			
3.	Nina Schiffer	1991	SG Dortmund	04:41,11
	00:29,61 01:03,79 01:39,20 02:14,68 02:55,84 03:37,43 04:09,54 04:41,11			
	00:29,61 00:34,18 00:35,41 00:35,48 00:41,16 00:41,59 00:32,11 00:31,57			
4.	Franziska Hentke	1989	SC Magdeburg	04:42,70
	00:28,74 01:02,19 01:38,93 02:14,73 02:55,47 03:36,97 04:10,07 04:42,70			
	00:28,74 00:33,45 00:36,74 00:35,80 00:40,74 00:41,50 00:33,10 00:32,63			
5.	Alisa Riebenschahm	1993	SG Neukölln Berlin	04:43,27
	00:29,88 01:04,11 01:40,50 02:16,01 02:56,81 03:38,30 04:11,17 04:43,27			
	00:29,88 00:34,23 00:36,39 00:35,51 00:40,80 00:41,49 00:32,87 00:32,10			
6.	Franziska Wohler	1994	SG Neukölln Berlin	04:43,70
	00:30,10 01:05,25 01:41,35 02:16,73 02:58,26 03:40,24 04:12,95 04:43,70			
	00:30,10 00:35,15 00:36,10 00:35,38 00:41,53 00:41,98 00:32,71 00:30,75			
7.	Tina Rüger	1994	SSV Nürnberg	04:43,79
	00:30,79 01:06,24 01:43,23 02:19,50 02:58,00 03:38,86 04:11,66 04:43,79			
	00:30,79 00:35,45 00:36,99 00:36,27 00:38,50 00:40,86 00:32,80 00:32,13			
8.	Nadine Laemmler	1994	SSG 81 Erlangen	04:45,73
	00:30,31 01:05,10 01:40,60 02:15,39 02:57,29 03:39,48 04:13,20 04:45,73			
	00:30,31 00:34,79 00:35,50 00:34,79 00:41,90 00:42,19 00:33,72 00:32,53			
9.	Kathrin Demler	1996	SG Essen	04:47,96
	00:30,08 01:05,53 01:40,83 02:16,31 02:59,20 03:42,27 04:15,55 04:47,96			
	00:30,08 00:35,45 00:35,30 00:35,48 00:42,89 00:43,07 00:33,28 00:32,41			
10.	Finnia Wunram	1995	Swim-Team Elmshorn	04:49,29
	00:31,76 01:07,40 01:44,53 02:21,62 03:02,50 03:42,78 04:16,53 04:49,29			
	00:31,76 00:35,64 00:37,13 00:37,09 00:40,88 00:40,28 00:33,75 00:32,76			
11.	Emily Siebrecht	1997	TSV Hohenbrunn-Riemerl.	04:50,26
	00:31,44 01:07,15 01:44,46 02:20,75 03:02,38 03:44,52 04:18,14 04:50,26			
	00:31,44 00:35,71 00:37,31 00:36,29 00:41,63 00:42,14 00:33,62 00:32,12			
12.	Sita Kusserow	1994	TV Bühl	04:50,31
	00:31,43 01:06,73 01:44,78 02:21,74 03:03,84 03:46,14 04:18,74 04:50,31			
	00:31,43 00:35,30 00:38,05 00:36,96 00:42,10 00:42,30 00:32,60 00:31,57			
13.	Nancy Schuchhardt	1995	SSC Berlin-Reinickendorf	04:51,03
	00:29,75 01:03,72 01:41,21 02:17,86 03:00,90 03:44,35 04:18,28 04:51,03			
	00:29,75 00:33,97 00:37,49 00:36,65 00:43,04 00:43,45 00:33,93 00:32,75			
14.	Melanie Tombers	1994	SG Essen	04:51,41
	00:31,06 01:06,38 01:44,04 02:21,15 03:02,50 03:44,10 04:18,41 04:51,41			
	00:31,06 00:35,32 00:37,66 00:37,11 00:41,35 00:41,60 00:34,31 00:33,00			
15.	Beatrix Eisel	1988	SC Wiesbaden 1911	04:52,69
	00:29,81 01:03,84 01:41,47 02:18,46 03:01,23 03:44,94 04:19,42 04:52,69			
	00:29,81 00:34,03 00:37,63 00:36,99 00:42,77 00:43,71 00:34,48 00:33,27			
16.	Julia Schnorrbusch	1996	1. Dresdner Schwimmgemeinschaft	04:52,97
	00:30,99 01:06,30 01:44,16 02:21,14 03:03,54 03:46,04 04:20,02 04:52,97			
	00:30,99 00:35,31 00:37,86 00:36,98 00:42,40 00:42,50 00:33,98 00:32,95			
17.	Gözde Tekin	1994	SG Neukölln Berlin	04:53,64
	00:30,43 01:05,91 01:43,27 02:20,96 03:03,63 03:46,59 04:20,16 04:53,64			
	00:30,43 00:35,48 00:37,36 00:37,69 00:42,67 00:42,96 00:33,57 00:33,48			
18.	Johanna Friedrich	1995	SC Magdeburg	04:54,01
	00:30,28 01:05,15 01:43,32 02:21,15 03:02,80 03:45,61 04:20,08 04:54,01			
	00:30,28 00:34,87 00:38,17 00:37,83 00:41,65 00:42,81 00:34,47 00:33,93			
19.	Denise Gruhn	1990	SG Dortmund	04:55,37
	00:31,69 01:08,14 01:45,41 02:21,79 03:05,07 03:48,84 04:23,23 04:55,37			
	00:31,69 00:36,45 00:37,27 00:36,38 00:43,28 00:43,77 00:34,39 00:32,14			



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Offene Wertung

20. Dana Volmerhaus	1997	SG Ruhr	04:55,88
00:30,98 01:07,12 01:45,90 02:23,33 03:05,66 03:48,62 04:22,87 04:55,88			
00:30,98 00:36,14 00:38,78 00:37,43 00:42,33 00:42,96 00:34,25 00:33,01			
21. Tanja Makaric	1997	SG Bayer Wup/Uer/Dor	04:56,51
00:30,98 01:07,32 01:43,16 02:18,00 03:01,51 03:46,78 04:22,35 04:56,51			
00:30,98 00:36,34 00:35,84 00:34,84 00:43,51 00:45,27 00:35,57 00:34,16			
22. Marlene Hütter	1998	SSG Saar Max Ritter	04:56,70
00:31,16 01:07,20 01:45,63 02:22,93 03:04,94 03:48,12 04:22,96 04:56,70			
00:31,16 00:36,04 00:38,43 00:37,30 00:42,01 00:43,18 00:34,84 00:33,74			
23. Jana Kurpinski	1995	SG EWR Rheinhessen-Mainz	04:56,77
00:31,58 01:08,82 01:45,26 02:22,03 03:03,68 03:46,82 04:22,77 04:56,77			
00:31,58 00:37,24 00:36,44 00:36,77 00:41,65 00:43,14 00:35,95 00:34,00			
24. Kim Merle Fürstenwerth	1995	FC Voran Ohe von 1949	04:57,39
00:31,18 01:08,40 01:45,45 02:22,33 03:05,13 03:48,71 04:24,09 04:57,39			
00:31,18 00:37,22 00:37,05 00:36,88 00:42,80 00:43,58 00:35,38 00:33,30			
25. Lynn Gaumann	1992	SG Siegen	04:57,71
00:31,35 01:08,16 01:46,10 02:23,19 03:06,65 03:50,17 04:24,35 04:57,71			
00:31,35 00:36,81 00:37,94 00:37,09 00:43,46 00:43,52 00:34,18 00:33,36			
26. Patricia-Lucia Wartenberg	1996	SV Wasserfreunde von 1898 Hannover	04:57,77
00:31,08 01:06,89 01:46,24 02:24,21 03:08,03 03:51,65 04:25,65 04:57,77			
00:31,08 00:35,81 00:39,35 00:37,97 00:43,82 00:43,62 00:34,00 00:32,12			
27. Katrin Harnischmacher	1997	SG Dortmund	04:57,86
00:31,71 01:08,29 01:46,71 02:25,11 03:06,67 03:49,05 04:24,00 04:57,86			
00:31,71 00:36,58 00:38,42 00:38,40 00:41,56 00:42,38 00:34,95 00:33,86			
28. Alina Hennl	1996	TSG - Kleinostheim	04:58,09
00:30,76 01:06,27 01:45,51 02:24,01 03:06,59 03:49,69 04:24,60 04:58,09			
00:30,76 00:35,51 00:39,24 00:38,50 00:42,58 00:43,10 00:34,91 00:33,49			
29. Daniela Karst	1993	SSG 81 Erlangen	04:59,10
00:30,28 01:05,90 01:45,82 02:25,63 03:07,18 03:50,03 04:24,70 04:59,10			
00:30,28 00:35,62 00:39,92 00:39,81 00:41,55 00:42,85 00:34,67 00:34,40			
30. Carmen Maria Franiczek	1998	SCW Eschborn	05:00,30
00:30,72 01:07,84 01:46,92 02:25,21 03:08,91 03:53,03 04:27,30 05:00,30			
00:30,72 00:37,12 00:39,08 00:38,29 00:43,70 00:44,12 00:34,27 00:33,00			
31. Sina Schunk	1996	Swim-Team Elmshorn	05:00,37
00:32,02 01:09,06 01:48,51 02:26,96 03:08,79 03:51,34 04:26,91 05:00,37			
00:32,02 00:37,04 00:39,45 00:38,45 00:41,83 00:42,55 00:35,57 00:33,46			
32. Nele Albers	1996	SG Schwimmen Münster	05:00,56
00:31,22 01:08,62 01:49,32 02:28,79 03:10,20 03:52,45 04:27,18 05:00,56			
00:31,22 00:37,40 00:40,70 00:39,47 00:41,41 00:42,25 00:34,73 00:33,38			
33. Zita Grunzke	1991	Berliner TSC	05:01,59
00:30,62 01:05,35 01:43,75 02:21,49 03:06,38 03:51,01 04:26,65 05:01,59			
00:30,62 00:34,73 00:38,40 00:37,74 00:44,89 00:44,63 00:35,64 00:34,94			
34. Antonia Massone	1997	SSG Saar Max Ritter	05:01,63
00:31,49 01:08,32 01:47,58 02:26,36 03:10,35 03:53,89 04:28,62 05:01,63			
00:31,49 00:36,83 00:39,26 00:38,78 00:43,99 00:43,54 00:34,73 00:33,01			
35. Josephine Schneider	1996	SG Bayer Wup/Uer/Dor	05:02,19
00:30,95 01:06,54 01:44,86 02:22,81 03:06,64 03:52,24 04:27,65 05:02,19			
00:30,95 00:35,59 00:38,32 00:37,95 00:43,83 00:45,60 00:35,41 00:34,54			
36. Shannan Bott	1993	SG HT16	05:02,56
00:31,44 01:08,10 01:47,44 02:26,09 03:09,22 03:53,01 04:28,15 05:02,56			
00:31,44 00:36,66 00:39,34 00:38,65 00:43,13 00:43,79 00:35,14 00:34,41			
37. Lena Kellerstraß	1996	SC Magdeburg	05:03,06
00:31,52 01:07,94 01:47,53 02:26,27 03:09,13 03:52,57 04:29,03 05:03,06			
00:31,52 00:36,42 00:39,59 00:38,74 00:42,86 00:43,44 00:36,46 00:34,03			
38. Jana Griebhammer	1997	SG Bamberg	05:03,08
00:30,79 01:07,38 01:46,32 02:25,13 03:09,92 03:55,80 04:29,90 05:03,08			
00:30,79 00:36,59 00:38,94 00:38,81 00:44,79 00:45,88 00:34,10 00:33,18			
39. Sara Bacher	1998	SCW Eschborn	05:03,76
00:30,61 01:07,70 01:45,15 02:23,43 03:06,02 03:50,84 04:27,36 05:03,76			
00:30,61 00:37,09 00:37,45 00:38,28 00:42,59 00:44,82 00:36,52 00:36,40			



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Offene Wertung

40.	Isabell Neumann	1995	SV Würzburg 05	05:04,02	
	00:31,28 01:06,68 01:44,31 02:21,85 03:07,74 03:55,10 04:29,97 05:04,02				
	00:31,28 00:35,40 00:37,63 00:37,54 00:45,89 00:47,36 00:34,87 00:34,05				
41.	Lydia Winkler	1991	SC EMPOR Rostock 2000	05:04,07	
	00:31,28 01:07,12 01:47,17 02:25,41 03:09,40 03:54,33 04:29,74 05:04,07				
	00:31,28 00:35,84 00:40,05 00:38,24 00:43,99 00:44,93 00:35,41 00:34,33				
42.	Enna Rodewald	1995	SG Neukölln Berlin	05:04,11	
	00:31,04 01:07,71 01:46,37 02:24,43 03:08,94 03:53,69 04:29,91 05:04,11				
	00:31,04 00:36,67 00:38,66 00:38,06 00:44,51 00:44,75 00:36,22 00:34,20				
43.	Ines Hahn	1991	TSV Hohenbrunn-Riemerl.	05:04,21	
	00:31,93 01:07,43 01:46,82 02:25,83 03:09,43 03:53,85 04:29,68 05:04,21				
	00:31,93 00:35,50 00:39,39 00:39,01 00:43,60 00:44,42 00:35,83 00:34,53				
44.	Marion Langenbacher	1996	SC Villingen	05:05,32	
	00:32,25 01:09,23 01:49,56 02:29,81 03:13,09 03:57,05 04:31,90 05:05,32				
	00:32,25 00:36,98 00:40,33 00:40,25 00:43,28 00:43,96 00:34,85 00:33,42				
45.	Natalie Oppel	1998	SG Schwabmünchen-Nördlingen 06	05:05,93	
	00:31,61 01:08,66 01:47,34 02:25,12 03:09,57 03:56,14 04:31,39 05:05,93				
	00:31,61 00:37,05 00:38,68 00:37,78 00:44,45 00:46,57 00:35,25 00:34,54				
46.	Anna-Lena Müller	1995	SSG Bensheim	05:06,09	
	00:31,14 01:08,05 01:48,97 02:28,80 03:12,32 03:56,48 04:32,33 05:06,09				
	00:31,14 00:36,91 00:40,92 00:39,83 00:43,52 00:44,16 00:35,85 00:33,76				
47.	Martina Becker	1995	Erster Offenbacher SC	05:06,24	
	00:32,78 01:11,16 01:48,89 02:26,45 03:11,13 03:56,28 04:32,08 05:06,24				
	00:32,78 00:38,38 00:37,73 00:37,56 00:44,68 00:45,15 00:35,80 00:34,16				
48.	Lara Marie Deibel	1995	SCW Eschborn	05:06,30	
	00:31,12 01:07,84 01:47,81 02:27,16 03:11,55 03:55,72 04:31,65 05:06,30				
	00:31,12 00:36,72 00:39,97 00:39,35 00:44,39 00:44,17 00:35,93 00:34,65				
49.	Kathrin Prigge	1995	SG Weser - Ems/Oldenburg	05:06,80	
	00:32,56 01:09,14 01:50,02 02:30,14 03:12,34 03:54,75 04:30,88 05:06,80				
	00:32,56 00:36,58 00:40,88 00:40,12 00:42,20 00:42,41 00:36,13 00:35,92				
50.	Marcia-Mariel Erhart	1996	DSW 1912 Darmstadt	05:07,09	
	00:31,43 01:07,60 01:46,92 02:25,34 03:11,04 03:57,32 04:33,05 05:07,09				
	00:31,43 00:36,17 00:39,32 00:38,42 00:45,70 00:46,28 00:35,73 00:34,04				
51.	Sarah Eiden	1997	SSG Saar Max Ritter	05:07,36	
	00:31,48 01:07,42 01:48,03 02:27,81 03:11,96 03:56,78 04:32,60 05:07,36				
	00:31,48 00:35,94 00:40,61 00:39,78 00:44,15 00:44,82 00:35,82 00:34,76				
52.	Josefiné Mayer	1997	PSV Schwerin	05:07,82	
	00:31,92 01:08,69 01:47,02 02:24,90 03:09,85 03:56,31 04:32,77 05:07,82				
	00:31,92 00:36,77 00:38,33 00:37,88 00:44,95 00:46,46 00:36,46 00:35,05				
53.	Melina Göbel	1998	SG Frankfurt	05:10,47	
	00:32,36 01:10,15 01:49,33 02:28,26 03:14,11 04:00,40 04:36,21 05:10,47				
	00:32,36 00:37,79 00:39,18 00:38,93 00:45,85 00:46,29 00:35,81 00:34,26				
54.	Dajana Schlegel	1995	SG Stadtwerke München	05:11,78	
	00:33,37 01:12,39 01:49,27 02:26,34 03:12,03 03:59,11 04:36,47 05:11,78				
	00:33,37 00:39,02 00:36,88 00:37,07 00:45,69 00:47,08 00:37,36 00:35,31				
55.	Elisabeth Holletzek	1998	VfV Hildesheim	05:13,09	ENM
	00:31,46 01:09,02 01:48,17 02:27,39 03:12,90 03:59,07 04:36,88 05:13,09				
	00:31,46 00:37,56 00:39,15 00:39,22 00:45,51 00:46,17 00:37,81 00:36,21				
56.	Leona Redmann	1998	SGS Hamburg	05:13,85	ENM
	00:33,35 01:13,83 01:53,79 02:33,60 03:17,11 04:01,02 04:38,45 05:13,85				
	00:33,35 00:40,48 00:39,96 00:39,81 00:43,51 00:43,91 00:37,43 00:35,40				
57.	Isabel Geyer	1995	Blumenthaler TV	05:14,05	ENM
	00:32,38 01:10,67 01:52,19 02:31,97 03:15,02 03:59,73 04:37,42 05:14,05				
	00:32,38 00:38,29 00:41,52 00:39,78 00:43,05 00:44,71 00:37,69 00:36,63				
58.	Alisa Silveira	1995	TG Heddesheim	05:14,20	ENM
	00:32,36 01:09,69 01:49,00 02:28,55 03:14,11 04:00,74 04:38,04 05:14,20				
	00:32,36 00:37,33 00:39,31 00:39,55 00:45,56 00:46,63 00:37,30 00:36,16				
59.	Julia Zeuschner	1993	SV Wasserfreunde von 1898 Hannover	05:14,49	ENM
	00:32,18 01:10,22 01:51,66 02:32,84 03:14,46 03:58,08 04:38,00 05:14,49				
	00:32,18 00:38,04 00:41,44 00:41,18 00:41,62 00:43,62 00:39,92 00:36,49				



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Weltrekord**04:21,04 Julia Smit****USA****18.12.2009 Manchester****Europarekord****04:24,21 Mireia Belmonte Garcia****ESP****15.12.2010 Dubai****Deutscher Rekord****04:29,46 Nicole Hetzer****SC Magdeburg****16.12.2001 Antwerpen**

Offene Wertung

Disqualifikation

Paula Beyer

1995

SC Magdeburg

16:49 Uhr

ENM

Die Schwimmerin bewegte die Beine nach der neunten und elften Wende in der senkrechten Ebene (Delphinbeinschlag) vor dem ersten Armtzug.

