

# **ISM** **INTERNATIONAL SWIM MEETING**

## **GERMANY - BERLIN**

05. - 07. März 2010  
Schwimm- und Sprunghalle im Europasportpark (SSE)  
Paul-Heyse-Str. 26, 10407 Berlin

**Einzel- und Mannschaftswettbewerbe  
um die Berliner Bären  
Single- and Teamcompetitions  
for the Berlin Bears**

## **Meldeergebnis / Heat Sheets**

**Freitag, 05. März 2010  
Friday, 05th March 2010**

### **Abschnitt 1 Session 1**

|                      |                  |
|----------------------|------------------|
| <b>Einschwimmen:</b> | <b>11.30 Uhr</b> |
| <b>Beginn:</b>       | <b>13.00 Uhr</b> |
| <b>Warm-Up:</b>      | <b>11.30 am</b>  |
| <b>Start:</b>        | <b>01.00 pm</b>  |

### **Abschnitt 2 Session 2**

|                      |                                         |
|----------------------|-----------------------------------------|
| <b>Einschwimmen:</b> | <b>im Anschluss an den 1. Abschnitt</b> |
| <b>Beginn:</b>       | <b>16.45 Uhr</b>                        |
| <b>Warm-Up:</b>      | <b>straight after the 1st session</b>   |
| <b>Start:</b>        | <b>04.45 pm</b>                         |



Veranstalter und Ausrichter: SSC Berlin-Reinickendorf e.V.  
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# ISM 2010

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# Meldeergebnis - 1. Abschnitt

## International Swim Meeting 2010

### 5.3. - 7.3.2010, Berlin

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Veranstalter: SSC Berlin-Reinickendorf e.V.  
 Ausrichter: SSC Berlin-Reinickendorf e.V.

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#### Teilnehmende Vereine:

| Nr. | Verein                       |     | Aktive | Starts | Staffeln |
|-----|------------------------------|-----|--------|--------|----------|
| 1   | Motolet Prague               | CZE | 1      | 1      |          |
| 2   | Sport Swimmg Club Kolin      | CZE | 1      | 1      |          |
| 3   | AGF Swimteam                 | DEN | 3      | 3      |          |
| 4   | Glostrup Svomme Klub VAT     | DEN | 1      | 1      |          |
| 5   | Swim Team Tastrup            | DEN | 1      | 2      |          |
| 6   | Harrogate District SC        | GBR | 5      | 5      |          |
| 7   | Team Bath ITC                | GBR | 2      | 2      |          |
| 8   | ANK Uszoklub Pecs            | HUN | 1      | 1      |          |
| 9   | Bajai Spartacus VSC          | HUN | 2      | 2      |          |
| 10  | Ispra Swim Planet            | ITA | 3      | 4      |          |
| 11  | Italian Swimming Federation  | ITA | 4      | 4      |          |
| 12  | Schwimmclub Unterland        | LIE | 3      | 3      |          |
| 13  | Féd. Luxembourg de Natation  | LUX | 2      | 2      |          |
| 14  | AZ & PC                      | NED | 1      | 1      |          |
| 15  | Arna SLK                     | NOR | 1      | 1      |          |
| 16  | Baerumsvommerne              | NOR | 3      | 3      |          |
| 17  | Bryne Symjeklubb             | NOR | 1      | 1      |          |
| 18  | Haugesund SK                 | NOR | 1      | 1      |          |
| 19  | Lambertseter Svommeklubb     | NOR | 2      | 2      |          |
| 20  | NTG Tromsø                   | NOR | 2      | 2      |          |
| 21  | Vestkantsvommerne            | NOR | 8      | 11     |          |
| 22  | LKS Omega Kleszczow          | POL | 1      | 1      |          |
| 23  | MKS Ros Pisz                 | POL | 3      | 3      |          |
| 24  | MUKP Warszawianka Wodny Park | POL | 5      | 5      |          |
| 25  | Polish Swimming Federation   | POL | 6      | 7      |          |
| 26  | UKS 307 Warszawa             | POL | 1      | 1      |          |
| 27  | UKS NAWA Skierniewice        | POL | 3      | 3      |          |
| 28  | ULKS Victoria Kozy           | POL | 1      | 1      |          |
| 29  | Bucharest Sport Club         | ROM | 6      | 6      |          |
| 30  | Helsingborg Simsällskap      | SWE | 6      | 6      |          |
| 31  | Karlshamns Simklubb          | SWE | 1      | 1      |          |
| 32  | Malmö Kappsimmings Klubb     | SWE | 7      | 7      |          |
| 33  | SS Stimmet                   | SWE | 1      | 1      |          |
| 34  | SV Nikar Heidelberg          | GER | LSV 1  | 3      |          |
| 35  | SG Bamberg                   | GER | LSV 2  | 2      |          |
| 36  | SG TV Elsenfeld Kleinwallst. | GER | LSV 2  | 3      |          |
| 37  | TSG Kleinostheim             | GER | LSV 2  | 1      |          |
| 38  | Berliner Turn- und Sportclub | GER | LSV 3  | 1      |          |
| 39  | BSSC Germania 1887           | GER | LSV 3  | 1      |          |
| 40  | Charlottenburger DSV Nixe    | GER | LSV 3  | 1      |          |
| 41  | SSC Berlin-Reinickendorf     | GER | LSV 3  | 2      |          |

|       |                          |     |        |     |     |
|-------|--------------------------|-----|--------|-----|-----|
| 42    | SV Berolina              | GER | LSV 3  | 1   | 1   |
| 43    | SwC Berlin               | GER | LSV 3  | 1   | 1   |
| 44    | SSG Bremen/ Bremerhaven  | GER | LSV 5  | 2   | 2   |
| 45    | SG Osnabrück             | GER | LSV 9  | 1   | 1   |
| 46    | SG Weser - Ems/Oldenburg | GER | LSV 9  | 3   | 3   |
| 47    | 1. Dresdner SG           | GER | LSV 12 | 5   | 5   |
| 48    | Dresdner Delphine        | GER | LSV 12 | 1   | 1   |
| 49    | Dresdner SC 1898         | GER | LSV 12 | 1   | 1   |
| 50    | Hainsberger SV           | GER | LSV 12 | 2   | 2   |
| 51    | SC Chemnitz von 1892     | GER | LSV 12 | 4   | 4   |
| 52    | SC DHfK Leipzig          | GER | LSV 12 | 1   | 1   |
| 53    | SSG Leipzig              | GER | LSV 12 | 2   | 2   |
| 54    | SSV Leutzsch             | GER | LSV 12 | 2   | 2   |
| 55    | SV Automation            | GER | LSV 12 | 1   | 1   |
| 56    | Flensburger SK von 1930  | GER | LSV 14 | 1   | 1   |
| 57    | SG Lübeck                | GER | LSV 14 | 1   | 1   |
| 58    | TSV RW Niebüll           | GER | LSV 14 | 3   | 3   |
| 59    | Maxi Swim-Team Hamm      | GER | LSV 17 | 3   | 3   |
| Summe |                          |     |        | 138 | 144 |
|       |                          |     |        |     | 0   |

Das Wettkampfbecken ist 50 Meter lang und hat 10 Startbahnen, die durch wellenbrechende Leinen voneinander getrennt sind.

Die Wassertiefe beträgt 1,80 m.

Die Wassertemperatur beträgt ca 26°C.

Es erfolgt automatische Zeitmessung.

Es wird nach der Ein-Start-Regel gestartet.

**1. Veranstaltungsabschnitt:** Freitag, der 05.03.2010**Beginn:** 13:00 Uhr**Einschwimmen:** 11:30 Uhr**Wettkampffolge**

| <b>Wk-Nr.</b> | <b>Wettkampf</b>      | <b>Wertung</b>          |                       |
|---------------|-----------------------|-------------------------|-----------------------|
| 1.            | 800m Freistil Frauen  | Jahrgang 1998 bis 1999  | Pflichtzeit: 12:58,00 |
|               |                       | Jahrgang 1996 bis 1997  | Pflichtzeit: 10:40,00 |
|               |                       | Jahrgang 1994 bis 1995  | Pflichtzeit: 10:00,00 |
|               |                       | Jahrgang 1993 und älter | Pflichtzeit: 09:40,00 |
| 2.            | 800m Freistil Männer  | Jahrgang 1998 bis 1999  | Pflichtzeit: 13:42,00 |
|               |                       | Jahrgang 1996 bis 1997  | Pflichtzeit: 10:10,00 |
| 3.            | 1500m Freistil Männer | Jahrgang 1994 bis 1995  | Pflichtzeit: 18:35,00 |
|               |                       | Jahrgang 1992 bis 1993  | Pflichtzeit: 18:35,00 |
|               |                       | Jahrgang 1991 und älter | Pflichtzeit: 18:10,00 |
| 4.            | 400m Lagen Frauen     | Jahrgang 1996 bis 1997  | Pflichtzeit: 06:00,00 |
|               |                       | Jahrgang 1994 bis 1995  | Pflichtzeit: 05:35,00 |
|               |                       | Jahrgang 1993 und älter | Pflichtzeit: 05:30,00 |
| 5.            | 400m Lagen Männer     | Jahrgang 1994 bis 1995  | Pflichtzeit: 05:15,00 |
|               |                       | Jahrgang 1992 bis 1993  | Pflichtzeit: 05:05,00 |
|               |                       | Jahrgang 1991 und älter | Pflichtzeit: 05:01,00 |

**1. Abschnitt (5.3.2010)**

| Wk-Nr. |                       | Läufe | Beginn | letzter Lauf |
|--------|-----------------------|-------|--------|--------------|
| 1      | 800m Freistil Frauen  | 4     | 13:00  | 13:32        |
| 2      | 800m Freistil Männer  | 2     | 13:42  | 13:55        |
| 3      | 1500m Freistil Männer | 3     | 14:06  | 14:43        |
| 4      | 400m Lagen Frauen     | 4     | 15:01  | 15:20        |
| 5      | 400m Lagen Männer     | 2     | 15:26  | 15:31        |

## Wettkampf-Nr. 1

### 800m Freistil Frauen

#### Women's 800m Freestyle

|                     |                 |                          |                            |                           |
|---------------------|-----------------|--------------------------|----------------------------|---------------------------|
| <b>Weltrekord</b>   | <b>08:14,10</b> | <b>Rebecca Adlington</b> | <b>GBR</b>                 | <b>16.08.2008 Beijing</b> |
| <b>Europarekord</b> | <b>08:14,10</b> | <b>Rebecca Adlington</b> | <b>GBR</b>                 | <b>16.08.2008 Beijing</b> |
| <b>ISM-Rekord</b>   | <b>08:45,87</b> | <b>Sara Isakovici</b>    | <b>Slovenia Swim. Ass.</b> | <b>ISM 2007</b>           |

#### Lauf 1 (13:00)

|   |                       |      |     |                              |          |
|---|-----------------------|------|-----|------------------------------|----------|
| 0 | Aida JURINOVICS       | 1998 | HUN | ANK Uszoklub Pecs            | 11:00,00 |
| 1 | Enya LEGENDI          | 1998 | LIE | Schwimmclub Unterland        | 10:58,98 |
| 2 | Marta GORECKA         | 1998 | POL | UKS 307 Warszawa             | 10:45,00 |
| 3 | Michelle FEHRMANN     | 1998 | GER | Dresdner Delphine            | 10:38,38 |
| 4 | Serra HALE            | 1998 | GBR | Harrogate District SC        | 10:20,46 |
| 5 | Malgorzata KONDRASIUK | 1998 | POL | MUKP Warszawianka Wodny Park | 10:25,00 |
| 6 | Eileen POPP           | 1998 | GER | SG TV Elsenfeld Kleinwallst. | 10:40,00 |
| 7 | Katharina ARLT        | 1998 | GER | Hainsberger SV               | 10:50,13 |
| 8 | Diana LAVIC           | 1998 | ROM | Bucharest Sport Club         | 11:00,00 |
| 9 | Valentina LAZAROV     | 1998 | GER | SG TV Elsenfeld Kleinwallst. | 11:10,00 |

#### Lauf 2 (13:11)

|   |                      |      |     |                           |          |
|---|----------------------|------|-----|---------------------------|----------|
| 0 | Elisabeth SITTNER    | 1997 | GER | Dresdner SC 1898          | 10:08,12 |
| 1 | Tina OSTERKAMP       | 1996 | GER | SG Weser - Ems/Oldenburg  | 10:04,25 |
| 2 | Vanessa SPANGENBERG  | 1997 | GER | SC Chemnitz von 1892      | 09:55,00 |
| 3 | Hanna RAHM-ANDERSSON | 1995 | SWE | Helsingborg Simsällskap   | 09:48,73 |
| 4 | Oda GJERDE           | 1995 | NOR | Bryne Symjeklubb          | 09:47,22 |
| 5 | Lena WELSCH          | 1994 | GER | SG Bamberg                | 09:47,57 |
| 6 | Ellen WHITE          | 1996 | GBR | Harrogate District SC     | 09:50,44 |
| 7 | Paulina KUBATOVA     | 1996 | CZE | Sport Swimming Club Kolin | 09:57,00 |
| 8 | Julia SCHNORRBUSCH   | 1996 | GER | 1. Dresdner SG            | 10:04,91 |
| 9 | Izabela ZYGA         | 1996 | POL | UKS NAWA Skierniewice     | 10:17,07 |

#### Lauf 3 (13:22)

|   |                    |      |     |                          |          |
|---|--------------------|------|-----|--------------------------|----------|
| 0 | Agnes IDOFFSSON    | 1994 | SWE | SS Stimmet               | 09:43,87 |
| 1 | Elida HOLE         | 1996 | NOR | Vestkantsvommerne        | 09:39,20 |
| 2 | Julie RONNINGSEN   | 1994 | NOR | Lambertseter Svømmeklubb | 09:35,87 |
| 3 | Alisa FATUM        | 1995 | GER | SSV Leutzsch             | 09:29,19 |
| 4 | Barbara WASILEWSKA | 1994 | POL | LKS Omega Kleszczow      | 09:20,09 |
| 5 | Nancy SCHUCHHARDT  | 1995 | GER | SSC Berlin-Reinickendorf | 09:20,60 |
| 6 | Tina SCHÜTZ        | 1996 | NOR | Vestkantsvommerne        | 09:32,49 |
| 7 | Ida BORLAUG        | 1993 | NOR | Vestkantsvommerne        | 09:39,20 |
| 8 | Andrea WESTBYE     | 1995 | NOR | Baerumsvommerne          | 09:40,55 |
| 9 | Paulina ZYGA       | 1994 | POL | UKS NAWA Skierniewice    | 09:44,29 |

#### Lauf 4 (13:32)

|   |                     |      |     |                             |          |
|---|---------------------|------|-----|-----------------------------|----------|
| 0 | Nathalie STENQUIST  | 1991 | SWE | Malmö Kappsimmings Klubb    | 09:13,58 |
| 1 | Julia HASSLER       | 1993 | LIE | Schwimmclub Unterland       | 08:55,15 |
| 2 | Paula ZUKOWSKA      | 1993 | POL | Polish Swimming Federation  | 08:51,21 |
| 3 | Isabelle HÄRLE      | 1988 | GER | SV Nikar Heidelberg         | 08:46,00 |
| 4 | Federica PELLEGRINI | 1988 | ITA | Italian Swimming Federation | 08:29,01 |
| 5 | Roberta IOPPI       | 1985 | ITA | Ispira Swim Planet          | 08:40,00 |
| 6 | Elisa PASINI        | 1981 | ITA | Ispira Swim Planet          | 08:49,30 |
| 7 | Franziska JANSEN    | 1992 | GER | SV Nikar Heidelberg         | 08:52,00 |
| 8 | Jeanette REINERT    | 1996 | SWE | Helsingborg Simsällskap     | 09:13,40 |
| 9 | Andrea HAUGSTAD     | 1992 | NOR | Vestkantsvommerne           | 09:16,38 |

## Wettkampf-Nr. 2

### 800m Freistil Männer

#### Men's 800m Freestyle

|                     |                 |                             |                     |                        |
|---------------------|-----------------|-----------------------------|---------------------|------------------------|
| <b>Weltrekord</b>   | <b>07:32,12</b> | <b>Lin Zhang</b>            | <b>CHN</b>          | <b>29.07.2009 Rome</b> |
| <b>Europarekord</b> | <b>07:43,84</b> | <b>Federico Colbertaldo</b> | <b>ITA</b>          | <b>29.07.2009 Rome</b> |
| <b>ISM-Rekord</b>   | <b>09:15,79</b> | <b>Maximilian Bock</b>      | <b>Potsdamer SV</b> | <b>ISM 2009</b>        |

#### Lauf 1 (13:42)

|   |                    |      |     |                              |          |
|---|--------------------|------|-----|------------------------------|----------|
| 0 | Konrad TEBMAR      | 1998 | GER | Hainsberger SV               | 11:40,52 |
| 1 | Sören CORDES       | 1998 | GER | SSG Bremen/ Bremerhaven      | 11:31,53 |
| 2 | Philipp RUDOLPH    | 1998 | GER | 1. Dresdner SG               | 11:19,19 |
| 3 | Ramon KLENZ        | 1998 | GER | SSV Leutzsch                 | 10:44,00 |
| 4 | Jakub MECINA       | 1996 | POL | MUKP Warszawianka Wodny Park | 10:15,00 |
| 5 | Pascal ELLMANN     | 1998 | GER | SC DHfK Leipzig              | 10:27,50 |
| 6 | Mateusz SORDYL     | 1999 | POL | ULKS Victoria Kozy           | 11:11,29 |
| 7 | Maurice HAGE       | 1998 | GER | TSV RW Niebüll               | 11:26,68 |
| 8 | Mateusz BARGLOWSKI | 1998 | POL | MKS Ros Pisz                 | 11:36,63 |
| 9 | Patryk JABLONSKI   | 1998 | POL | MKS Ros Pisz                 | 11:41,54 |

## Wettkampf-Nr. 2

### 800m Freistil Männer

#### Men's 800m Freestyle

|                     |                 |                             |                     |                        |
|---------------------|-----------------|-----------------------------|---------------------|------------------------|
| <b>Weltrekord</b>   | <b>07:32,12</b> | <b>Lin Zhang</b>            | <b>CHN</b>          | <b>29.07.2009 Rome</b> |
| <b>Europarekord</b> | <b>07:43,84</b> | <b>Federico Colbertaldo</b> | <b>ITA</b>          | <b>29.07.2009 Rome</b> |
| <b>ISM-Rekord</b>   | <b>09:15,79</b> | <b>Maximilian Bock</b>      | <b>Potsdamer SV</b> | <b>ISM 2009</b>        |

#### Lauf 2 (13:55)

|   |                            |      |     |                              |          |
|---|----------------------------|------|-----|------------------------------|----------|
| 0 | Michael SEEMAN             | 1997 | CZE | Motolet Prague               | 10:08,50 |
| 1 | Marcus ANDERSSON-ARVIDSSON | 1996 | SWE | Malmö Kappsimmings Klubb     | 10:06,77 |
| 2 | Clemens ROTHER             | 1997 | GER | SC Chemnitz von 1892         | 10:01,50 |
| 3 | Pascal SCHRÖDER            | 1996 | GER | SG Weser - Ems/Oldenburg     | 09:48,49 |
| 4 | Pontus WALLIN              | 1996 | SWE | Helsingborg Simsällskap      | 09:15,78 |
| 5 | Lars-Kevin KLÜVER          | 1996 | GER | TSV RW Niebüll               | 09:39,23 |
| 6 | Kacper PERZANKOWSKI        | 1996 | POL | UKS NAWA Skierniewice        | 09:59,84 |
| 7 | Paul HENTSCHEL             | 1997 | GER | SC Chemnitz von 1892         | 10:01,60 |
| 8 | Tino JACOB                 | 1997 | GER | 1. Dresdner SG               | 10:08,00 |
| 9 | Jan KONDRASIUK             | 1997 | POL | MUKP Warszawianka Wodny Park | 10:15,00 |

## Wettkampf-Nr. 3

### 1500m Freistil Männer

#### Men's 1500m Freestyle

|                     |                 |                      |                       |                           |
|---------------------|-----------------|----------------------|-----------------------|---------------------------|
| <b>Weltrekord</b>   | <b>14:34,56</b> | <b>Grant Hackett</b> | <b>AUS</b>            | <b>29.07.2001 Fukuoka</b> |
| <b>Europarekord</b> | <b>14:43,21</b> | <b>Yury Prilukov</b> | <b>RUS</b>            | <b>17.08.2008 Beijing</b> |
| <b>ISM-Rekord</b>   | <b>15:07,58</b> | <b>Thomas Lurz</b>   | <b>SV Würzburg 05</b> | <b>ISM 2008</b>           |

#### Lauf 1 (14:06)

|   |                    |      |     |                              |          |
|---|--------------------|------|-----|------------------------------|----------|
| 0 | Oliver TITIKIC     | 1995 | SWE | Helsingborg Simsällskap      | 19:03,62 |
| 1 | Nicolas NORD       | 1994 | SWE | Malmö Kappsimmings Klubb     | 18:21,25 |
| 2 | Pascal STAMMER     | 1994 | GER | SSG Bremen/ Bremerhaven      | 17:58,25 |
| 3 | Tim WILLRUTH       | 1995 | GER | SV Berolina                  | 17:50,00 |
| 4 | Kalle SONESSON     | 1992 | SWE | Malmö Kappsimmings Klubb     | 17:38,81 |
| 5 | Simon PLATO        | 1993 | SWE | Helsingborg Simsällskap      | 17:46,17 |
| 6 | Timo ZWIESIGK      | 1995 | GER | Berliner Turn- und Sportclub | 17:57,25 |
| 7 | Magnus B. PEDERSEN | 1994 | DEN | AGF Swimteam                 | 18:02,72 |
| 8 | Johan NILSSON      | 1994 | SWE | Malmö Kappsimmings Klubb     | 18:53,67 |
| 9 |                    |      |     |                              |          |

#### Lauf 2 (14:25)

|   |                         |      |     |                          |          |
|---|-------------------------|------|-----|--------------------------|----------|
| 0 | Arne WINDRICH           | 1995 | GER | SC Chemnitz von 1892     | 17:15,00 |
| 1 | Sindre NILO             | 1990 | NOR | Baerumsvommerne          | 17:11,80 |
| 2 | Elias DAMMANN           | 1989 | NOR | Baerumsvommerne          | 16:46,99 |
| 3 | Christoph MEIER         | 1993 | LIE | Schwimmclub Unterland    | 16:45,39 |
| 4 | Jan DAHRENDORFF         | 1992 | GER | Maxi Swim-Team Hamm      | 16:40,50 |
| 5 | Eric REUß               | 1993 | GER | SwC Berlin               | 16:42,79 |
| 6 | Markus ROSENKRANZ       | 1990 | GER | BSSC Germania 1887       | 16:45,46 |
| 7 | Alexander Skov ANDERSEN | 1993 | DEN | Swim Team Tastrup        | 17:05,71 |
| 8 | Piet SCHLÖRMANN         | 1994 | GER | SG Weser - Ems/Oldenburg | 17:12,77 |
| 9 | Kristian BLUMMENFELT    | 1994 | NOR | Vestkantsvommerne        | 17:23,93 |

#### Lauf 3 (14:43)

|   |                         |      |     |                              |          |
|---|-------------------------|------|-----|------------------------------|----------|
| 0 | Phillip UHRIG           | 1988 | GER | SV Nikar Heidelberg          | 16:20,00 |
| 1 | Viktor B. BROMER        | 1993 | DEN | AGF Swimteam                 | 16:02,00 |
| 2 | Bartosz HURA            | 1991 | POL | Polish Swimming Federation   | 15:35,50 |
| 3 | Maciej HRENIAK          | 1989 | POL | Polish Swimming Federation   | 15:15,60 |
| 4 | Federico COLBERTALDO    | 1988 | ITA | Italian Swimming Federation  | 14:48,28 |
| 5 | Przemyslaw STANCZYK     | 1985 | POL | Polish Swimming Federation   | 15:15,00 |
| 6 | Krzysztof PIELOWSKI     | 1991 | POL | Polish Swimming Federation   | 15:30,00 |
| 7 | Leif-Henning KLÜVER     | 1993 | GER | TSV RW Niebüll               | 15:58,03 |
| 8 | Jeremy-Jay KROGULL-HULL | 1993 | GER | SG Osnabrück                 | 16:17,62 |
| 9 | Ruwen STRAUB            | 1993 | GER | SG TV Elsenfeld Kleinwallst. | 16:32,00 |

## Wettkampf-Nr. 4

### 400m Lagen Frauen

#### Women's 400m Individual Medley

|                     |                 |                       |                   |                           |
|---------------------|-----------------|-----------------------|-------------------|---------------------------|
| <b>Weltrekord</b>   | <b>04:29,45</b> | <b>Stephanie Rice</b> | <b>AUS</b>        | <b>10.08.2008 Beijing</b> |
| <b>Europarekord</b> | <b>04:30,31</b> | <b>Katinka Hosszu</b> | <b>HUN</b>        | <b>02.08.2009 Rome</b>    |
| <b>ISM-Rekord</b>   | <b>04:48,41</b> | <b>Boglarka Kapas</b> | <b>BVSC Zuglo</b> | <b>ISM 2009</b>           |

#### Lauf 1 (15:01)

|   |                     |      |     |                              |          |
|---|---------------------|------|-----|------------------------------|----------|
| 0 |                     |      |     |                              |          |
| 1 |                     |      |     |                              |          |
| 2 | Maria SIMON         | 1997 | GER | 1. Dresdner SG               | 05:55,00 |
| 3 | Karianne REINERTSEN | 1997 | NOR | Vestkantsvommerne            | 05:49,50 |
| 4 | Patrycja FITZ       | 1996 | POL | MUKP Warszawianka Wodny Park | 05:45,00 |
| 5 | Elida HOLE          | 1996 | NOR | Vestkantsvommerne            | 05:48,50 |
| 6 | Celine OERTELT      | 1997 | GER | 1. Dresdner SG               | 05:54,41 |
| 7 | Agata MARCINKIEWICZ | 1997 | POL | MUKP Warszawianka Wodny Park | 06:00,00 |
| 8 |                     |      |     |                              |          |
| 9 |                     |      |     |                              |          |

#### Lauf 2 (15:07)

|   |                     |      |     |                           |          |
|---|---------------------|------|-----|---------------------------|----------|
| 0 | Iga BIEDRZYCKA      | 1997 | POL | MKS Ros Pisz              | 05:43,57 |
| 1 | Cristina NICOLAE    | 1995 | ROM | Bucharest Sport Club      | 05:35,00 |
| 2 | Tina SCHÜTZ         | 1996 | NOR | Vestkantsvommerne         | 05:32,29 |
| 3 | Juni RUGLAND        | 1993 | NOR | Vestkantsvommerne         | 05:28,50 |
| 4 | Mariana BUZATU      | 1995 | ROM | Bucharest Sport Club      | 05:24,00 |
| 5 | Sonia ALBU          | 1992 | ROM | Bucharest Sport Club      | 05:25,00 |
| 6 | Cosima KLEINE       | 1997 | GER | Charlottenburger DSV Nixe | 05:30,50 |
| 7 | Sophie TAYLOR       | 1996 | GBR | Harrogate District SC     | 05:33,63 |
| 8 | Christine AKSELBERG | 1996 | NOR | Arna SLK                  | 05:43,04 |
| 9 | Ioana ZARNOIANU     | 1996 | ROM | Bucharest Sport Club      | 05:44,00 |

#### Lauf 3 (15:14)

|   |                         |      |     |                          |          |
|---|-------------------------|------|-----|--------------------------|----------|
| 0 | Julie JEPSEN            | 1994 | DEN | AGF Swimteam             | 05:22,10 |
| 1 | Luna E. SOGAARD         | 1994 | NOR | Lambertseter Svømmeklubb | 05:21,28 |
| 2 | Marie PIETRUSCHKA       | 1995 | GER | SSG Leipzig              | 05:16,33 |
| 3 | Lucy BUDIMIR            | 1993 | GBR | Harrogate District SC    | 05:11,03 |
| 4 | Sophia BROBERG SKELTVED | 1992 | NOR | NTG Tromsø               | 05:10,50 |
| 5 | Louise HANSSON          | 1996 | SWE | Helsingborg Simsällskap  | 05:10,65 |
| 6 | Eliana JORGENSEN        | 1993 | DEN | Glostrup Svømme Klub VAT | 05:14,67 |
| 7 | Kajsa STRÖMGREN         | 1990 | SWE | Karlshamns Simklubb      | 05:17,04 |
| 8 | Benedicte KAUSLAND      | 1992 | NOR | Vestkantsvommerne        | 05:22,10 |
| 9 | Cassandra TRAN          | 1997 | SWE | Malmö Kappsimmings Klubb | 05:23,46 |

#### Lauf 4 (15:20)

|   |                         |      |     |                             |          |
|---|-------------------------|------|-----|-----------------------------|----------|
| 0 | Alina HENNL             | 1996 | GER | TSG Kleinostheim            | 05:10,00 |
| 1 | Rachel WILLIAMS         | 1993 | GBR | Team Bath ITC               | 05:01,00 |
| 2 | Hanna JÖRLUND           | 1991 | SWE | Malmö Kappsimmings Klubb    | 04:55,90 |
| 3 | Paula ZUKOWSKA          | 1993 | POL | Polish Swimming Federation  | 04:50,40 |
| 4 | Francesca SEGAT         | 1983 | ITA | Italian Swimming Federation | 04:42,27 |
| 5 | Elisa PASINI            | 1981 | ITA | Ispra Swim Planet           | 04:44,00 |
| 6 | Brigitta GREGUS         | 1992 | HUN | Bajai Spartacus VSC         | 04:55,00 |
| 7 | Lieke VEROUDEN          | 1990 | NED | AZ & PC                     | 04:56,79 |
| 8 | Bitte FAGERMO           | 1993 | NOR | NTG Tromsø                  | 05:09,01 |
| 9 | Alina-Noreen LINNEWEBER | 1994 | GER | Maxi Swim-Team Hamm         | 05:10,31 |

## Wettkampf-Nr. 5

### 400m Lagen Männer

#### Men's 400m Individual Medley

|                     |                 |                       |                       |                           |
|---------------------|-----------------|-----------------------|-----------------------|---------------------------|
| <b>Weltrekord</b>   | <b>04:03,84</b> | <b>Michael Phelps</b> | <b>USA</b>            | <b>10.08.2008 Beijing</b> |
| <b>Europarekord</b> | <b>04:06,16</b> | <b>Laszlo Cseh</b>    | <b>HUN</b>            | <b>10.08.2008 Beijing</b> |
| <b>ISM-Rekord</b>   | <b>04:26,35</b> | <b>Thomas Lurz</b>    | <b>SV Würzburg 05</b> | <b>ISM 2008</b>           |

#### Lauf 1 (15:26)

|   |                      |      |     |                             |          |
|---|----------------------|------|-----|-----------------------------|----------|
| 0 | Kristian BLUMMENFELT | 1994 | NOR | Vestkantsvommerne           | 05:11,12 |
| 1 | Julien HENX          | 1995 | LUX | Féd. Luxembourg de Natation | 05:06,03 |
| 2 | Cseke CSOMOR         | 1995 | HUN | Bajai Spartacus VSC         | 05:03,74 |
| 3 | Fabian KEMENY        | 1993 | GER | SG Lübeck                   | 04:58,40 |
| 4 | Oliver SCHORR        | 1994 | GER | SG Bamberg                  | 04:56,13 |
| 5 | Simon SCHIEFERDECKER | 1994 | GER | Maxi Swim-Team Hamm         | 04:57,91 |
| 6 | Daniel WEIß          | 1994 | GER | SV Automation               | 04:59,83 |
| 7 | Max WEHENKEL         | 1994 | GER | SSG Leipzig                 | 05:05,38 |
| 8 | Yannick LINDENBERG   | 1995 | GER | SSC Berlin-Reinickendorf    | 05:11,00 |
| 9 |                      |      |     |                             |          |

## Wettkampf-Nr. 5

### 400m Lagen Männer

#### Men's 400m Individual Medley

|                     |                 |                       |                       |                           |
|---------------------|-----------------|-----------------------|-----------------------|---------------------------|
| <b>Weltrekord</b>   | <b>04:03,84</b> | <b>Michael Phelps</b> | <b>USA</b>            | <b>10.08.2008 Beijing</b> |
| <b>Europarekord</b> | <b>04:06,16</b> | <b>Laszlo Cseh</b>    | <b>HUN</b>            | <b>10.08.2008 Beijing</b> |
| <b>ISM-Rekord</b>   | <b>04:26,35</b> | <b>Thomas Lurz</b>    | <b>SV Würzburg 05</b> | <b>ISM 2008</b>           |

#### Lauf 2 (15:31)

|   |                         |      |     |                             |          |
|---|-------------------------|------|-----|-----------------------------|----------|
| 0 | Bogdan FODOR            | 1995 | ROM | Bucharest Sport Club        | 04:55,00 |
| 1 | Tobias DOBROWOLSKI      | 1993 | GER | Flensburger SK von 1930     | 04:50,27 |
| 2 | Mateusz MATCZAK         | 1989 | POL | Polish Swimming Federation  | 04:30,00 |
| 3 | Andrew WILLIS           | 1990 | GBR | Team Bath ITC               | 04:28,78 |
| 4 | Luca MARIN              | 1986 | ITA | Italian Swimming Federation | 04:12,66 |
| 5 | Giorgio BATTISTELLA     | 1989 | ITA | Ispira Swim Planet          | 04:25,00 |
| 6 | Raphaël STACCHIOTTI     | 1992 | LUX | Féd. Luxembourg de Natation | 04:28,82 |
| 7 | Sindre LILLEDAHL        | 1992 | NOR | Haugesund SK                | 04:44,98 |
| 8 | Alexander Skov ANDERSEN | 1993 | DEN | Swim Team Tastrup           | 04:53,11 |
| 9 | Matthew RIDER           | 1994 | GBR | Harrogate District SC       | 04:56,10 |